



ROW has developed expertise in working with women who have been impacted by poverty, homelessness, and/or intimate partner violence. ROW focuses on the economic and social context in which women find themselves and builds upon their current strengths as women and as parents.

For more than 40 years Family Resource Center has focused on giving abused kids a chance for a better life. Annually, more than 7,000 children and family members receive the support they need to create sustainable change in their lives.

As part of our mission, we:

- Develop programs and services to help at-risk children and families
- Raise awareness in the St. Louis community to increase support in breaking the cycle of abuse and neglect
- Create partnerships with local service providers that complement our programs and provide further assistance to our clients

Our success is measured by healthy children, confident parents and strong families.

Family Resource Center's programs and services provide a comprehensive spectrum of care:

Children's Services: Therapeutic Preschool

Family Services: Individual/Family Therapy; Family Reunification; Parent Partners; PathBuilders; Parent-Child Interaction Therapy; Parenting Wisely; Trauma-Focused Cognitive Behavioral Therapy; Eye Movement Desensitization and Reprocessing Therapy; Cognitive Processing Therapy

Foster Care Services: Foster Care Case Management

Redevelopment Opportunities for Women (ROW): ROW's Economic Action Program (REAP); Multilingual Access Project (MAP); Family Strengths Program; Family Literacy Program

Youth Services: Drug Court, Worksite, and Teen Parent Mentoring (provided as part of the Missouri Mentoring Partnership)



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Redevelopment Opportunities for Women (ROW)

Empowering women to build safety and economic security



Program Overview, Mission and Eligibility

ROW's mission is to empower low-income women and women experiencing financial hardship due to economic abuse and their families to build safety, skills, economic security, and hope for the future.

ROW is committed to assisting women reach their potential and build a hopeful future for themselves and their families. We serve women whose opportunities for advancement are often limited. We respect the women we serve and integrate knowledge gained from clients to shape our delivery of services.



Contact Information

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County Office

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ROW's Economic Action Program

ROW's Economic Action Program (REAP) provides innovative economic intervention services to low-income women and women experiencing financial hardship who have been impacted by intimate partner violence. REAP works to promote increased economic security, physical and emotional health, and hope for the future for domestic violence survivors through the provision of economic literacy, economic advocacy, access to individual development accounts, and community outreach and training.

Economic Education and Credit Counseling: A 10-hour group economic education curriculum (REAP) is provided on-site at numerous locations in the St. Louis area. The classes cover core financial literacy topics to include budgeting, credit, banking and investing.

Economic Advocacy and Financial Coaching: On-going economic advocacy is offered to all women enrolled in the economic education group curriculum and individual development account program. All women are assisted with achieving their financial goals through helping them develop an individual economic action plan.

Individual Development Accounts: After completing ROW's REAP curriculum, low-income women and women experiencing financial hardship who have been impacted by intimate partner violence have the opportunity to apply for an Individual Development Account (IDA). IDAs help women save for assets such as home ownership, career enhancing education, home repair, an automobile, or starting a small business.

Multilingual Access Project

The Multilingual Access Project (MAP) has been developed to respond to the needs of non-English speaking survivors of domestic violence and their children, regardless of documentation status. MAP's mission arose from the belief that basic needs are not special needs, as all survivors of intimate partner violence deserve advocacy and support that is language accessible and validates their cultural worldview.

MAP provides language accessible advocacy and crisis response to women as they access local shelter and non-residential programs. Trained in domestic violence issues, MAP's Language Advocates provide bilingual and bicultural interpretation in Spanish, Bosnian and Vietnamese.

Family Strengths Program

The Family Strengths Program is designed to improve the overall emotional, physical and behavioral health of low-income women and their children. The program operates from a feminist perspective, focusing on the economic/social context in which women find themselves and building upon their current strengths as women and as parents.

The class component teaches and reinforces techniques which enable women to strengthen family relationships and begin to address the complex issues that have interfered with their ability to create a healthy and safe environment for themselves and their children. In addition to the class component, women are provided with one-on-one counseling and support.

Family Literacy Program

The Family Literacy Program provides adult basic education and opportunities to obtain a high school equivalency. Our program works in partnership with the St. Louis City Public School District and addresses literacy as a family issue that has definite economic ties.

The Family Literacy Program incorporates adult basic education with early childhood education, parent training and support, and parent/child interaction activities so that barriers to economic self-sufficiency are decreased and literacy levels and parenting skills are increased. The end result is a stronger, economically self-sufficient family.

Register for Classes

Call **314.588.8300** to register for REAP, Family Strengths, or Family Literacy classes. Childcare is provided at many locations for children ages six and under while participants are in class, but registration is required.